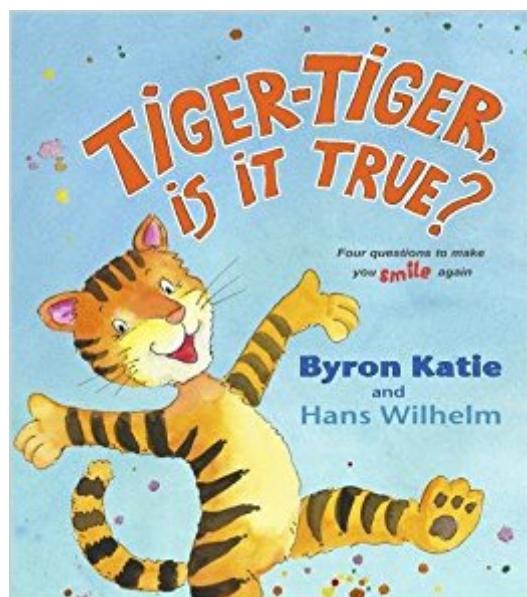


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# Tiger-Tiger, Is It True?: Four Questions To Make You Smile Again



## Synopsis

Tiger-Tiger, Is It True? is a story about a little tiger who thinks that his whole world is falling apart: his parents don't love him, his friends have abandoned him, and life is unfair. But a wise turtle asks him four questions, and everything changes. He realizes that all his problems are not caused by things, but by his thoughts about things; and that when he questions his thoughts, life becomes wonderful again. This is a heartwarming story with a powerful message that can transform the lives of even very young children. Byron Katie's wisdom-filled words and Hans Wilhelm's vivid, magical illustrations combine to make a book that will become one of the classics of children's literature.

## Book Information

Hardcover: 32 pages

Publisher: Hay House (November 15, 2009)

Language: English

ISBN-10: 140192560X

ISBN-13: 978-1401925604

Product Dimensions: 0.5 x 9.8 x 11 inches

Shipping Weight: 14.4 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars 94 customer reviews

Best Sellers Rank: #32,547 in Books (See Top 100 in Books) #12 in Books > Children's Books > Animals > Turtles #26 in Books > Children's Books > Animals > Lions, Tigers & Leopards #240 in Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Self-Esteem & Self-Respect

Age Range: 4 - 10 years

## Grade Level: Preschool - 5

## Customer Reviews

A heart-warming story from world-renowned self-help author. The Green Parent

authors/illustrators of children's books. Many of his 200 books have been translated into 20 languages and have become successful animated television series that are enjoyed by children all over the world. His books have won numerous international awards and prizes.

Excellent resource to work with children. The questions stimulate open conversation. Even though written for children - I believe adults can gain a lot by sharing with a trusted friend to help flesh-out conversation to result in solutions.

This children's book by Byron Katie is just as good for adults to hear as it is for children. It is a perfect introduction to her work and her process.

If you love Byron Katie, you will enjoy having the chance to introduce this book to kids. Recommend for kids up to 12!

Gave this as a gift to my dear friend that is a Montessori teacher for K - 3rd grades. She absolutely loved it and thought it would be great to share when her little people have those "dramatic moments" as they all do from time to time.

Fabulous book. Bought several to give to the kindergarten teachers at the school I volunteer at....

I've been using Byron Katie's work for a couple of years now. I use it for myself and my clients (I'm a Marriage and Family Therapist). This book allows me to use it with children as well. It's well written and the pictures are captivating. My 6 year old son really enjoyed it and asked to have it read to him again the next night. Now that he understands the concept of questioning his thoughts I can talk to him about it when he comes home upset from school or a play date. Even at this young age he is learning that suffering is a choice and that using "inquiry" can set him free from the thoughts that are causing his suffering.

it's okay - not fabulous, but a worthy effort to reach children with a workable philosophical tool for life.

We love love love this book! My kids ask to read it EVERY NIGHT before bed. We got the kindle version, and although I was skeptical of the formatting of the pictures, it has been just fine for my

kids and I love that it is on our devices and can take anywhere ( ; The values in this book are pure gold and I hope to see more children books from Byron ( ; Thank you for putting this wonderful teaching into the world for children!

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